

# Terri Lynn Sesame Cashews

Nutrition Facts			
Serving Size: ¼ cup (30g)			
Servings Per Container: Varied			
Amount Per Serving			
Calories 160	Calories From Fat 90		
% Daily Value*			
Total Fat 12g	19%		
Saturated Fat 2g	9%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 75mg	3%		
Total Carbohydrate 14g	5%		
Dietary Fiber 1g	4%		
Sugars 8g			
Protein 4g			
Vitamin A 0%	Vitamin C 0%		
Calcium 2%	Iron 8%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: CASHEWS, SESAME SEEDS, NUT COATER (SUGAR, MODIFIED CORN STARCH), PRALINE GLAZE (SUGAR, DEXTROSE, SALT, MOLASSES, MALTODEXTRIN, ARTIFICIAL FLAVOR, GUAR GUM), PRALINE SEASONING (BROWN SUGAR, TAPIOCA DEXTRIN, SUGAR, SALT, MALTODEXTRIN, NATURAL AND ARTIFICIAL BUTTER FLAVOR [WITH PARTIALLY HYDROGENATED SOYBEAN OIL, SOYBEAN OIL, BUTTER OIL, ANNATTO AND TURMERIC (FOR COLOR), MILK], NATURAL AND ARTIFICIAL MAPLE FLAVOR [WITH MALTODEXTRIN, MODIFIED FOOD STARCH, CARAMEL COLOR, DEXTROSE, MAPLE SYRUP], VANILLIN), PEANUT AND/OR COTTONSEED OIL.

# Chili Lime Cashews

Nutrition Facts			
Serving Size: ¼ cup (30g)			
Servings Per Container: Varied			
Amount Per Serving			
Calories 170	Calories From Fat 120		
% Daily Value*			
Total Fat 13g	21%		
Saturated Fat 2.5g	12%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 160mg	7%		
Total Carbohydrate 9g	3%		
Dietary Fiber 1g	4%		
Sugars 2g			
Protein 5g			
Vitamin A 2%	Vitamin C 0%		
Calcium 2%	Iron 10%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: CASHEWS, CHILI LIME SEASONING (CORN SYRUP SOLIDS, SALT, MALTODEXTRIN, SUGAR, CITRIC ACID, CHILI PEPPER, CULTURED NONFAT MILK, SWEET CREAM SOLIDS, LIME JUICE SOLIDS, CHIPOTLE PEPPER POWDER, MALIC ACID, SPICE, SODIUM DIACETATE [0.8%], NATURAL LIME FLAVOR, NATURAL FLAVORS, DISODIUM INOSINATE, DISODIUM GUANYLATE, WITH NOT MORE THAN 2% SILICON DIOXIDE ADDED AS AN ANTI-CAKING AGENT), COTTONSEED AND/OR PEANUT OIL.

# S'mores Mix

Nutrition Facts			
Serving Size: ¼ cup (30g)			
Servings Per Container: Varied			
Amount Per Serving			
Calories 150	Calories From Fat 80		
% Daily Value*			
Total Fat 9g	14%		
Saturated Fat 3.5g	17%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 35mg	2%		
Total Carbohydrate 16g	5%		
Dietary Fiber 1g	6%		
Sugars 11g			
Protein 2g			
Vitamin A 0%	Vitamin C 0%		
Calcium 2%	Iron 2%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: MILK CHOCOLATE FLAVOR COATED PEANUTS (SUGAR, VEGETABLE OILS (PALM KERNEL, PARTIALLY HYDROGENATED PALM), COCOA (MAY BE PROCESSED WITH ALKALI), SKIM MILK, WHEY, SOY LECITHIN (AN EMULSIFIER), VANILLIN (AN ARTIFICIAL FLAVOR), PEANUTS), GRAHAM NUGGETS (WHEAT FLOUR, SUGAR, SHORTENING (PARTIALLY HYDROGENATED SOYBEAN OIL), HIGH FRUCTOSE CORN SYRUP, GRAHAM FLOUR, CORN STARCH, NATURAL VANILLA FLAVOR, SOY LECITHIN, BAKING SODA, SALT, MOLASSES), YOGURT COATED MARSHMALLOWS (YOGURT COATING (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, NONFAT MILK POWDER, YOGURT POWDER (CULTURED WHEY, NONFAT MILK), ARTIFICIAL COLOR (TITANIUM DIOXIDE), LACTIC ACID, SOY LECITHIN (AN EMULSIFIER), VANILLIN (AN ARTIFICIAL FLAVOR)), MARSHMALLOWS (CORN SYRUP, SUGAR, MODIFIED CORNSTARCH, GELATIN, TETRASODIUM PYROPHOSPHATE (WHIPPING AID), CONFECTIONER'S POLISH (MODIFIED CORN STARCH, SUGAR, CITRIC ACID, WATER), CONFECTIONER'S GLAZE), PECANS, SEMI-SWEET CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN (AN EMULSIFIER), VANILLIN (AN ARTIFICIAL FLAVORING)).